

**2017- 2018 EĞİTİM-ÖĞRETİM YILI**  
**HAYAT GENÇLİK ve SPOR KULÜBÜ**  
**ANKARA HAYAT İLKOKULU ve ORTAOKULU SPOR OKULU ANTRENMAN PROGRAMI**

**20.10.2017**

GÜN	SAAT	SPOR SALONU	CİMNASTİK SALONU	LEGOKENT	AYNALI SALON	SEMİNER SALONU	MİNDERLİ SALON
PAZARTESİ	16:30/17:30	FUTSAL (1.2.3.SINIF)	CİMNASTİK (1.SINIF)		HALKOYUNLARI		
	17:30/18:30	FUTSAL (4.5.6.7. SINIF)					
SALI	16:30/17:30	BASKETBOL KIZ (1.2.3.4.SINIF)	CİMNASTİK (BÜYÜK GRUP)	AKIL OYUNLARI - LEGO CİTY	MASA TENİSİ		
	17:30/18:30	BASKETBOL KIZ (5.6.7.SINIF)					
ÇARŞAMBA	16:30/17:30	BASKETBOL ( 1.2.3.4.SINIF)				DRAMA (1.2.3.SINIF)	
	17:30/18:30	BASKETBOL (5.6.7.SINIF)					
PERŞEMBE	16:30/17:30	FUTSAL (1.2.3.SINIF)	CİMNASTİK (1.SINIF)		MASA TENİSİ	DRAMA (4.5.6.7.8)	
	17:30/18:30	FUTSAL (4.5.6.7.SINIF)					
CUMA	16:30/17:30	BASKETBOL ( 1.2.3.4.SINIF)	CİMNASTİK (BÜYÜK GRUP)	SATRANÇ			TAEKWANDO (1.2.3.SINIF)
	17:30/18:30	BASKETBOL (5.6.7.SINIF)					TAEKWANDO (4.5.6.7.SINIF)
CUMARTESİ	10:00/11:00	PATEN					
	11:30/12:30	TENİS					
	12:30/13:30	BASKETBOL KIZ (1.2.3.4.SINIF)					TAEKWANDO (1.2.3.SINIF)
	13:30/14:30	BASKETBOL KIZ (5.6.7.SINIF)					TAEKWANDO (4.5.6.7.SINIF)
	13:15/15:15				LEGO ROBOTİK (5.6.7.8 SINIF)		
	14:30/15:45	BADMİNTON VOLEYBOL					
	15:30/16:30				SANTRANÇ		